



## Financial Wellbeing Resources

### Upcoming Webinars

#### January

Jan 15, 2026, 12:00pm CT

Financial Fitness  
Get Financially Ready for 2026  
[Register here](#)

Start the year strong! This webinar covers a holistic financial checkup -family, goals, work, health, money, estate, retirement, and your future-to help you create a comfortable financial fitness plan.

#### February

Feb 19, 2026, 12:00pm CT

Smart Tax Strategies: How to Keep More of What You Earn  
[Register here](#)

Learn about the latest tax law changes, tools to manage tax liability, and strategies to navigate the tax landscape confidently.

#### March

Mar 19, 2026, 12:00pm CT

Retirement Savings Challenges for Women  
[Register here](#)

Explore unique retirement planning challenges women face, including inflation, taxes, healthcare costs, Social Security basics, and actionable steps for today and the future.

#### April

Apr 16, 2026, 12:00pm CT

Basics of College Planning  
[Register here](#)

Understand the rising cost of college and learn practical strategies for education savings plans and funding options to make higher education achievable.

#### May

May 21, 2026, 12:00pm CT

Taking Control of Your Finances  
A Plan to Reduce Debt and Build Savings  
[Register here](#)

Get expert guidance on paying down debt while saving for the future. Learn how to create a strong financial plan that thrives in any economy.

#### June

Jun 18, 2026, 12:00pm CT

Mid-Year Money Moves: Building a Personalized Financial Plan  
[Register here](#)

Review your financial goals mid-year. Learn budgeting, emergency fund strategies, healthcare planning, credit fundamentals, and investment basics.

#### July

Jul 16, 2026, 12:00pm CT

Social Security, Medicare, and Your Retirement  
[Register here](#)

Understand how Social Security and Medicare work, current challenges, and how to plan for retirement and healthcare without relying too heavily on these programs.

#### August

Aug 20, 2026, 12:00pm CT

Reinventing Retirement  
[Register here](#)

Kick-start your retirement plan with strategies to answer key questions: When can you retire? How much will you need? How will inflation affect your future?

#### September

Sep 17, 2026, 12:00pm CT

Retiree Healthcare  
[Register here](#)

Learn how to manage healthcare costs in retirement, including Medicare coverage, Advantage plans, Medigap, and long-term care insurance, plus tips for maintaining good health.

#### October

Oct 15, 2026, 12:00pm CT

Savvy Cybersecurity:  
How to Hack-Proof Your Phone and Other Tips to Stay Safe  
[Register here](#)

Discover eight practical steps to secure your smartphone and personal data from hackers, identity thieves, and spammers—just in time for holiday shopping season.

#### November

Nov 19, 2026, 12:00pm CT

Roth IRA Basics:  
Is one right for you?  
[Register here](#)

Understand Roth IRAs, tax benefits, and whether this retirement savings option fits your financial situation and future tax expectations.

#### December

Dec 17, 2026, 12:00pm CT

Estate Plans: Not Just For the Wealthy  
[Register here](#)

Demystify estate planning. Learn the differences between Wills and Trusts, the importance of Powers of Attorney, and strategies to preserve assets for heirs or charitable causes.